

FOOTBALL FUNDAMENTALS

FIRST DOWNS CAMP 2017

GRADES 4-8

JULY 24 -26

5:00 – 8:00 pm

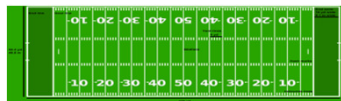


Tuition: \$85 Before July 1
2017 and \$100 After July 2
2017: Checks Payable to FOHF
Send Check and Registration
to : FOHF PO Box 5485
Hanover, NH 03755

Important Information:

Camp will be held at
Hanover High School
Football Practice Field

Limited enrollment: first come, first served



*This is a non-contact camp
No equipment other than cleats is required

*Athletic shorts or sweat pants and a tee shirt or sweat shirt should be worn

* First Down T-Shirts will be given to all campers

First Down incorporates fundamentals of youth football, allowing campers to participate in all aspects of the game. Each camper will learn player safety techniques, agility skills and learn the basics of each position on a football team. Activities also include 7 on 7 and Irish ball games

Everyone Will Play:

Running Back
Quarterback
Receiver
Lineman
Defensive Back
Linebacker
Kicker



About the Coach

Coach Sam Cavallaro has been coaching Football at all levels for 25+ years. He enters his 3rd year as the Head Coach of Hanover High School. He played Division 1 College Football at William and Mary. Last Year Hanover won the most Improved Football Team in the state of New Hampshire with a 9-2 Record. He and his coaches have implemented continuous approaches for player safety and the program with FOHF has raised over \$50,000 to bring the safest equipment to Hanover in the last 2 years.

Name: _____

2017-2018: Grade _____

Height: _____

Weight: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

Email: _____

Parent/Guardian Names/Phone: _____

Medical Insurance # _____

Policy # _____

Emergency Contact Person/Number _____

PARTICIPANT RELEASE:

I, the parent/guardian of the registrant, a minor, agree that I and the registrant will abide by the rules of First Downs, its affiliated organizations and its sponsors. Recognizing the possibility of physical injury associated with football and in consideration for First Downs accepting the registrant for its football programs and its activities, I hereby release, discharge and/or otherwise indemnify First Downs, its affiliated organizations and sponsors, their employees, associated personnel, including the owner of fields and facilities utilized for the program, against any claims by or on behalf of the registrant as a result of the registrant's participation in the program. I authorize transportation for medical treatment from said field/location should medical treatment be necessary to preserve the life, limb or overall well-being of participant/dependent.

PARENT/LEGAL GUARDIAN SIGNATURE DATE

CONSENT FOR MEDICAL TREATMENT:

As the parent/legal guardian of the above said participant, I hereby give my consent for emergency medical care prescribed by a duly licensed doctor of medicine or doctor of dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb, or well-being of said participant/dependent.

PARENT/LEGAL GUARDIAN SIGNATURE DATE

For More Information Call Katie Roach at: (603) 727-2415